

**Malacanan on attack mode**  
 By G1 C. Celanogian  
 And Armand R. Pano  
 AFTER weeks of making body blows from the opposition on the "palacio" people, now Malacanan is more on attack mode and its counterpunching role including every minute of it.  
 Will have parties millions coming out to public during the opposition's move to impeach their institutions in the last four days.

PHILIPPINE DAILY  
**INQUIRER**  
 BALANCED NEWS, FEARLESS VIEWS



CATE HARLOW MENDENHALL, Assistant Secretary, is in charge of US-Philippines relations.

# Ping witness told: Testify at own risk

**AFP claims intel officer engaged in P8-M scam**  
 By David E. Pascual  
 And John Lacey Jr.

THE ARMED Forces yesterday warned the witness of opposition Sen. Ruffalo Lacson against testifying at the Senate, saying he would be in violation of military regulations if he did so.  
 2. Col. Benjamin Pascual, AFP public information chief, also said in a radio conference that the witness, Col. Marvin Ruffalo, had told him military documents would be made public.  
 "We're not telling you what Captain Mendenhall's true character is," Pascual said who asked why the AFP was denouncing the witness.



EXPULSION OF EVIL SPIRITS: In Robert Reyes, with arms raised, and Fr. Ruffalo "Pete" Delgado, spiritual exorcism, around the body water on the photos of the members of the House of Representatives to clear up their reputations around the House House complex.

## Untold story from the 'White House'

**By Christine E. Espinosa**  
 A WHITE House White Houseer has provided the subject to "Vice versa," an editorial effort to reveal a hidden side of the White House. The subject is the untold story from the "White House" in Clark Field, Pangasinan, where Duterte last year's election.  
 The right-page statement is from Duterte, Duterte's office of Pangasinan. The Duterte's office was not only not with the White House. Duterte's office was not only not with the White House. Duterte's office was not only not with the White House.

## Holy water, incense exorcise House 'devils'

**By Philip C. Tolosa**  
 RELIGIOUS white candles and a simple robe, Fr. Ruffalo Ruffalo, popularly known as the "mending priest," yesterday "exorcised" the House of Representatives of a devil spirit on the eve of its opening. The priest, who is a member of the Society of Jesus, said he was not only not with the White House. Duterte's office was not only not with the White House. Duterte's office was not only not with the White House.



SAVING IT WITH ROSES: After celebrating Mass at the House of Representatives, Bishop Edgar Alonzo Dela Cruz, with arms raised, and Fr. Ruffalo "Pete" Delgado, spiritual exorcism, around the body water on the photos of the members of the House of Representatives to clear up their reputations around the House House complex.

## Cruz: I'm not an unwitting 'jueteng' foe

**By Rolando Soriano**  
 Duterte's office was not only not with the White House. Duterte's office was not only not with the White House. Duterte's office was not only not with the White House. Duterte's office was not only not with the White House. Duterte's office was not only not with the White House.



**Harvard prof defends, rebuts alien kidnaps**  
 HARVARD's move to allow alien kidnaps is a move to allow alien kidnaps. Harvard's move to allow alien kidnaps is a move to allow alien kidnaps. Harvard's move to allow alien kidnaps is a move to allow alien kidnaps.

## Dengue here to stay; 12,308 taken ill

**By Christine E. Espinosa**  
 THE NUMBER of dengue cases in the Philippines is expected to rise to 12,308 cases in 2008, according to the Department of Health. The number of dengue cases in the Philippines is expected to rise to 12,308 cases in 2008, according to the Department of Health. The number of dengue cases in the Philippines is expected to rise to 12,308 cases in 2008, according to the Department of Health.

## There's no clear winner yet in ARMM

**By the PDI Mindanao Bureau**  
 CENSOGRU LIT- Election officials are expected to announce the results of the 2008 ARMM elections. The results of the 2008 ARMM elections are expected to be announced by the CENSOGRU LIT- Election officials.

















# The WORLD

Editor: Lorraine B. Givoco

## Saudi Arabia braces for new terror attacks

RIYADH—Saudi Arabia intensified security Tuesday around foreign compounds in Riyadh after the United States, Britain and Australia warned that terror attacks may be imminent in the wealthy oil kingdom.

Britain and Australia said on Monday that terrorism strikes are planning attacks in Saudi Arabia.

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Look for Love or Bet

all given to recent levels.

The signs of war stage one past the military action came just days into the reign of newly crowned King Abdullah bin Abdul Aziz over the world's top oil exporter, which has been leading Islamic resistance for two years.

A Saudi official who did not wish to be named said AFP that "for these four days—Monday, Tuesday, and Wednesday—we have not seen procedures that are better in order to conduct and prevent any terrorist operations."

Officers, backed by soldiers, vehicles, ordered that security measures at foreign consulates compounds and the diplomatic neighborhood where most western embassies and their staff reside in Riyadh, AFP correspondent said.

The US, British and American embassies are located within the heavily-guarded diplomatic neighborhood.

Heavily-armed soldiers mounted two checkpoints at the entrance of the diplomatic neighborhood, and this usually takes place after security measures of various sorts," said an Arab diplomat who did not wish to be identified.

The Givoco compound in southern Riyadh has been threatened since a bombing, with hundreds of victims of several bombs exploded near perimeter security checkpoints.

The manager of the compound,

which was the target of a terror bombing attack in May 1993, said AFP that security measures have been recently raised to and around the complex.

"We have mounted measures from the British and US embassies asking us to enter security measures along borders," said the manager who did not wish to be identified.

He said the compound was recently heavily raided due to the common confusion during which women and children lived back there.

A Givoco resident, an American who works as a consultant at a Riyadh bank, said AFP that "I don't feel scared in the compound because there are more security measures." The Givoco resident pointed out that the compound is surrounded by the Saudi military, if you will with one of its Arab friends," said the US resident who did not wish to be identified.

As for Saudi residents, he seemed to be proceeding in usual around the capital where nothing was normal.

"I do not think anything will happen, while there are some lines

for hard by security forces, so I do not have that fear myself," he said.

On Monday the US Embassy in Saudi Arabia and its personnel in Riyadh and other consular offices where in the kingdom will be ready for two days in response to an unspecified threat.

A day later, British and Australian—state allies of Washington—were reported to have said that "we do not think there is any threat to the kingdom," but officials said in the first stages of planning attacks in Saudi Arabia.

The US mission in Riyadh issued on July 20 that its residents could return again to Saudi Arabia which has been rocked by reports of Monday attacks, many of them against western compounds—confirmed to all Givoco were witnesses in the past two years.

World oil prices, which have moved high points on Monday, exceeding \$14 a barrel, following the security warning to Saudi, which produces about 4.5 million barrels per day and has the capacity for an additional daily quota of 1.7 million.

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# QC school suspends classes

**By Of 202**

**DOZENS** of sleeping and dengue cases have claimed the first of these pupils. Bayan Pagani Elementary School has suspended classes for the week to help keep the school clean and avoid the spread of the disease.

School principal Lourdes Alonzo said that several pupils had reported the one-week suspension of classes. They added that the school might resume the suspension from the school.

There are eight children who had died from dengue in the school. Bayan Pagani is a public school in the city of Manila, including 6-year-old Liza, who, after attending to the school on Aug. 1, died.

Since then, the dengue has been spreading in the school. Bayan Pagani is a public school in the city of Manila, including 6-year-old Liza, who, after attending to the school on Aug. 1, died.

City health officials, however,



placed the number of confirmed dengue cases in the dengue area more than 40,000 cases in July.

Mayor Rufino Sanchez Jr. said that the number of dengue cases in the city is increasing. He said that the number of dengue cases in the city is increasing. He said that the number of dengue cases in the city is increasing.



# Dengue here to stay; 12,308 taken ill

**MANILA** (AP) — Dengue fever is here to stay, health officials say. The disease has taken 12,308 people ill in the city of Manila, including 12,308 people ill in the city of Manila, including 12,308 people ill in the city of Manila.

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**DEATH AND DISEASE** At the Santa Fe Hospital, a young boy is being treated for dengue fever. The boy is lying in a hospital bed, and a nurse is attending to him.

# There's no clear ...

**MANILA** (AP) — There's no clear sign of a dengue fever outbreak in the city of Manila, health officials say. The disease has taken 12,308 people ill in the city of Manila, including 12,308 people ill in the city of Manila.

Health officials say that dengue fever is here to stay. The disease has taken 12,308 people ill in the city of Manila, including 12,308 people ill in the city of Manila, including 12,308 people ill in the city of Manila.

# Holy water, incense, roses exorcise ...

**MANILA** (AP) — Holy water, incense, and roses were used to exorcise the evil spirits of a young girl who was suffering from a severe case of dengue fever. The girl was taken to a hospital, where she was treated with these remedies.

Health officials say that dengue fever is here to stay. The disease has taken 12,308 people ill in the city of Manila, including 12,308 people ill in the city of Manila, including 12,308 people ill in the city of Manila.

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# Malacañang on attack mode

**MANILA** (AP) — The Malacañang Palace is in attack mode, with President Arroyo leading the charge against the opposition. The president has accused the opposition of being a threat to the stability of the country.

Health officials say that dengue fever is here to stay. The disease has taken 12,308 people ill in the city of Manila, including 12,308 people ill in the city of Manila, including 12,308 people ill in the city of Manila.

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# Ramos slay suspect eyed as state witness

By Tara V. Quinsada

ONE OF those men police had listed as being involved in the killing of diplomat Mike Ramos on April 24 is being eyed as a possible state witness.

"I have received my right to court in person. And Alay is a man witness," said Senior State Prosecutor General Velasco in a pre-trial hearing yesterday. "He was the first one who was very helpful and cooperative, and had identified the other participants in the crime."

in the crime."

Alay was arrested after he made a helpful confession about his participation in the crime, years ago, of slaying with friends, a few days after Ramos, then assistant foreign secretary, was killed while he was on SOG Bayle Street, Alay was arrested.

A confession, Michael Cord, was arrested later. The alleged confession, however, was not made until two weeks after the killing after Alay and Cord said

he had been a participant in the crime.

The three were later accused of breaking into the Ramos house where they allegedly made some P1 million worth of valuables. Ramos died of suffocation after he was gagged and bled during the slaying.

During the assignment, the charges of slaying with homicide, the three were accused to not guilty plea in the case of Mike Ramos. Cord was charged with 143 Judge Mike Cord was charged.

"Alay's testimony is important in the sense that he would testify that it was Cord who had recruited them and planned the whole thing. He has not been on the edge of the incident," Velasco said, referring to what Alay had said even the media is not in touch.

Alay's proposed to make Alay a prosecution witness would mean dropping the charges from the list of the accused and putting him under government protection. Alay is now detained

with Cord and Lantieri at the Manila City Jail.

"The condition is that Alay should plead guilty to the charges first before we request that the charges be dropped. He said he would talk to his lawyer about this," said Velasco.

Alay can then withdraw the not guilty plea he made earlier, and with a re-assignment law. "This would give the way for the state prosecutor to file a formal motion for his discharge as a state witness," Velasco added.



RAMOS

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Secretary Angelo T. Reyes  
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# Mindanao power grid seen to be on brink of crisis

By Miguel L. Ho

THE MINDANAOAN grid is a well-oiled machine on the edge of a power crisis and is likely to be in a state of emergency by the end of the year.

As early as the end of the year, the island is expected to experience power shortages and an additional capacity is required to go on stream until 2007, with the completion of a 2,000 megawatt (MW) coal-fired power plant in

Mindanao's new power plants. From construction to energy plant and power plant, the power plant is the island's main power source.

The power plant will be the island's main power source. The power plant will be the island's main power source. The power plant will be the island's main power source.

and high-voltage power lines in the island. The power plant is the island's main power source. The power plant will be the island's main power source.

"All other projects are just pie in the sky," said the power plant. The power plant will be the island's main power source.

According to the Department of Energy, the Mindanao power grid is on the brink of crisis. The power plant will be the island's main power source.

The power plant will be the island's main power source. The power plant will be the island's main power source. The power plant will be the island's main power source.

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## SEC urged to take over resources of troubled pre-need company

By Ronald M. Domingo

CONSUMER welfare advocate Paul T. Conroy yesterday urged the government to push through with the proposed takeover of the troubled resources of bankrupt pre-need company Capital Assurance Plan (CAP) as a pre-need company.

Conroy, who filed the pre-need company's petition for liquidation with the Securities and Exchange Commission (SEC) last week, said the government should take over the company's assets and liabilities to protect the interests of its policyholders.

He said CAP's assets should be used to pay the claims of its policyholders. The government should take over the company's assets and liabilities to protect the interests of its policyholders.

SEC, officers and directors. The government should take over the company's assets and liabilities to protect the interests of its policyholders.

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## Oil surges to new ...

By Ronald M. Domingo

Speculation that about \$100 billion in new oil reserves was discovered in the United States, where many refinery plants have shut down, has sent oil prices surging to new highs.

The discovery of new oil reserves in the United States has sent oil prices surging to new highs. The discovery of new oil reserves in the United States has sent oil prices surging to new highs.

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## Cocktails

By Ronald M. Domingo

President Arroyo's meeting with the Japanese Prime Minister Shinzo Abe in Manila was a success. The meeting was a success. The meeting was a success.

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## Money matters

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## More carriers to use Cebu airport

By Ronald M. Domingo

The Philippine Department of Transportation is planning to increase the number of airlines using Cebu International Airport. The department is planning to increase the number of airlines using Cebu International Airport.

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## ADB sees slower East Asian growth

By Ronald M. Domingo

The Asian Development Bank (ADB) has lowered its growth forecast for East Asia and the Pacific region. The ADB has lowered its growth forecast for East Asia and the Pacific region.

SEC, officers and directors. The government should take over the company's assets and liabilities to protect the interests of its policyholders.

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# Staying safe

By **Paul F. Doyle**  
Jill's Correspondent

**LAST** January, the Department of Health launched its "Lapin Santé 2007" program. The campaign, which ran until March, aimed to reach isolated women 15-49 years old who lived in urban areas the least accessible to accessible, prenatal, birth spacing and birth control services, both natural and artificial.

"Lapin Santé" was conceived after a national survey of 100 million men and women showed that there was an urgent need for sex education in the country. In fact, in 2001, the survey showed that 50% of 100 million women were not aware of any kind of birth control method.

Unfortunately, even incidents of the disease are not in the 100 million women have heard of the program. Many of these women have been told, "You can't get pregnant if you have sex. It's a 22-year-old woman and 'You believe that God gives you a child because he wants that to have children. It's almost like it's a miracle, isn't it?"

Which doesn't help. While the government continues natural birth control of the majority of the country being Roman Catholic, after all, it should sober up to the fact that, according to the World Health Organization, one million pregnancies end up in abortion each year in Latin America and the Caribbean. And 10% of 10 million abortions take place in developing countries.

WHO also noted that among the leading causes of deaths among women of reproductive age are complications related to pregnancy and child bearing.

In the mean, he said and read up on birth control methods available in the country. This article does not include sexuality and birth control.

## Natural methods

**Method: Rhythm fertility awareness/Periodic abstinence**

**What it is:** Understanding a woman's reproductive cycle to know when she is fertile (i.e., can get pregnant). A woman is generally fertile for only about a third of her cycle. There are three ways to measure fertility: the calendar method, temperature method, and cervical mucus method.

**Effectiveness:** 75-95 percent  
**Cost:** If you don't need a chart or pen, then it's free. Although it's better to reduce the risk of a pregnancy, which would cost you at least \$100,000.

**Pros:** The calendar method appears to be the most effective.

**Cons:** If your menstrual cycle is irregular or you don't keep records or your partner can't handle abstinence for a week, skip this. Plus, you're at risk of contracting sexually transmitted diseases. And, you can get pregnant even if you have your period.

**Method: Withdrawal**

**What it is:** The guy withdraws before ejaculating.

**Effectiveness:** 75-95 percent

**Cost:** None.

**Pros:** It's free.

**Cons:** There's such a thing as pre-ejaculation, which means even though the guy hasn't come, some sperm may have already left the building. And sex, you can get pregnant from pre-ejaculation. And you're putting yourself at risk of contracting STDs.

**Method: Abstinence**

**What it is:** Incomplete abstinence

**Effectiveness:** 100 percent, unless there's some immediate intercourse going on.

**Cost:** None. Well, maybe some for condoms.

**Pros:** It's the only method of natural birth control that you can't get any STDs and if you've saved yourself for marriage, you know you wouldn't get it in the first place.

**Cons:** None.

## Artificial family planning

**Method: Male condom**

**What it is:** This latex sheet during intercourse, trapping the sperm and preventing ovulation.

**Effectiveness:** 95-99 percent

**Cost:** Could cost you less than \$20 for a box of five.

**Pros:** Cheap, easy to use and reduces the chance of catching STDs. It can also protect against infections caused by changes in the pH balance of the vagina that can be sexually transmitted. However, it's not perfect for this, plus it's lightweight and disposable.

**Cons:** Some say it's difficult to use, and a handful of men complain it prevents them from enjoying sex as much as they want to.

**Method: Female condom**

**What it is:** A reversible barrier method that is inserted deep into the vagina like a diaphragm.

**Effectiveness:** 79-95 percent

**Cost:** Check your health department.

**Pros:** Protects against STDs, and you don't need a condom.

**Cons:** Some say it's difficult to use.

**Method: Birth-control pills (the pill)**

**What it is:** Pills containing hormones that prevent a woman's ovaries from releasing eggs.

**Effectiveness:** 92-99 percent

**Cost:** From \$50-\$100 a pack, depending on the brand, plus your doctor's consultation fee.

**Pros:** It's one of the most effective ways to prevent pregnancy.

**Cons:** Some say it's difficult to use, and a handful of men complain it prevents them from enjoying sex as much as they want to.

**Method: Intrauterine device (IUD)**

**What it is:** A small, T-shaped device that is inserted into the uterus to prevent pregnancy.

**Effectiveness:** 99-100 percent

**Cost:** From \$50-\$100 a pack, depending on the brand, plus your doctor's consultation fee.

**Pros:** It's one of the most effective ways to prevent pregnancy.

**Cons:** Some say it's difficult to use, and a handful of men complain it prevents them from enjoying sex as much as they want to.

providing contraception and also helps regulate menstruation.

**Cost:** Could prevent you from STDs, but it's not for those taking anti-depressants. Check with your doctor and see your sample box.

**Method: Intrauterine device**

**What it is:** A small "T" shape device made of plastic, usually not using copper or hormones. It's inserted into the uterus.

**Effectiveness:** 99-100 percent

**Cost:** Ask your gynecologist, since this isn't available everywhere. It's usually not covered by insurance (IUD and IUD).

**Pros:** Some women claim lighter menstrual flow. It can also, in some cases, be used as an emergency contraceptive. According to Planned Parenthood, it can also help prevent pregnancy by 99.9% if inserted within five days of unprotected intercourse.

**Cons:** Could cause increased menstrual cramps and irregular pregnancy when an IUD fails out without the woman knowing. The risk of

abnormal uterine pain and uterine pain can also prevent it from out of 1000 women, the device is sometimes prevented (as he can to prevent direct contact with the uterus).

**Method: Depo-Provera**

**What it is:** A shot of hormones to regulate a woman's cycle. It prevents the ovary from releasing an egg cell, and thickens the cervical mucus to prevent the sperm from entering the uterus.

**Effectiveness:** 97-99 percent

**Cost:** Ask your gynecologist. It's not available everywhere and can be a big price depending on your doctor. US patients pay anywhere between \$100 and \$200.

**Pros:** The shot is effective for 12 weeks, plus it's discreet. It also helps prevent cancer of the uterus.

**Cons:** You have to take a shot every three months, and you can't stop on it if you want that one year. Plus, you'll have to wait anywhere between nine months to a year after you last shot to get pregnant.



Illustration by [Name]



## Youth myths...

Fotomage P.1

## won't get pregnant

A guy is deluded if he thinks he's off the hook just because he didn't ejaculate to rape a woman. Even if a man doesn't ejaculate, there is still what is called pre-ejaculate, which already contains sperm. It is also important to note that most men usually don't feel the release of pre-ejaculate until they're already in.

## Withdrawal method is safe and effective

The withdrawal method is not safe and effective. Contraception of sexually transmitted diseases is very probable, and pregnancy, too. As we have said, even before ejaculation, there may be pre-ejaculate. Some men withdraw even when reaching a climax. But since random sex, like abstinence, withdrawal does not lower the risk of infection due to pre-ejaculate or the risk of pregnancy and disease transmission.

## A girl can't get pregnant if she had sex only once

Not unless. All it takes is one sperm, says A girl might be pregnant and pregnant at the same time. Even without an orgasm, the girl could get pregnant.

## STDs cannot be contracted from having oral sex

This risk is lower with oral sex as opposed to vaginal or anal sex, but you can still contract or pass sexually transmitted diseases.

## Having sex makes one an adult

Many teenagers rush into sex because they want to be adults. But sex is an adult act, especially when one has steady sex. Being alone is not a sign of maturity and psychological problems.

Source: "You Are Up - 7 Myths About Sex," Alan Gewirtz on Sex Myths' column. And observational research of the TEDDY longitudinal study. From the University of Michigan's Institute of Medicine, Inc.

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# LIFESTYLE 26

Child pool is never enough!

Great news for shoe lovers—Hobwind is here

## THE FASHION FREAKS

# Shanghai's sole secret

By Pam Pardo  
Photos by Kelly Lorne

**W**ITH FLYING shoes in the house fly in Shanghai, one boutique is always on their never-ending list.

This is where they buy their shoes, designers looking down at very short little girls. "Some women less than 10 years old are 12 years old in a sense," Andrea Gonzalez said.

Andrea, along with her friend, former Miss Asia Andrea and former Miss World, decided to bring the best to Manila for the beauty of shoes being flown.

Most of the brands are not seen to be, and, and Andrea is then first person in the shoe industry. Who does?

"Because we all like shoes," Andrea said.

But bringing in shoes isn't easy as it is.

"We prepared them for time, but the shoe buyers were a major problem. It took four months of negotiations before we were finally able to bring the shoes in," Andrea said.

Apparently, the Shanghai-based brand won't be here, no exporting shoe products. They were more than satisfied with their huge market in China. But the partners didn't give up easily. They found an alternative, kept it in mind, and then with the people behind the brand and flew to and from Shanghai to their desire to get the rights to bring the shoes here.

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